



TERM 4 WEEK 4 – FRIDAY 3RD NOVEMBER 2023

GRAFTON PUBLIC SCHOOL NEWSLETTER

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Like us on Facebook for updates;

<https://www.facebook.com/GraftonPublicSchool/>

Upcoming Dates

Nov 7 - Year 2 Swim School

Nov 8 - Kinder Kritters

Nov 8 - Year 1 Excursion -
Springloaded Coffs Harbour

Nov 10 to 11 - P&C Family
Portraits

Nov 14 - Year 2 Swim School

Nov 15 - Kinder Kritters

Nov 15 - Year 2 Excursion - Ten Pin
Bowling + Jacaranda Park

* Dates subject to change *



HAPPY JACARANDA!





Relieving Principal's Report

Dear parents and carers,

Time is flying with only 6 weeks until the end of the school year! The past few weeks have been action packed with exciting events and achievements, showcasing the talents and dedication of GPS students and staff.

Independent Living Skills Camp:

The Living Skills Camp was a fantastic opportunity for our students to learn important life skills, develop a level of independence and have fun! Thank you to Mrs Avery, Miss Liz, Ms Tozer, Miss Nikki, Mr Burbidge and Mr Dayne who were involved in the meticulous planning and organisation that ensured that the camp ran smoothly and the students had an amazing time.

Boys Hockey Team's Success:

Congratulations to our boys' hockey team for their outstanding performance at the State Championships, coming 3rd overall. This is an incredible achievement! Their hard work, teamwork, and sportsmanship were truly commendable. Thank you to Miss Buckley for the countless hours of preparation, training and organisation to give the boys this opportunity!

P&C Crazy Hair Day (Jacaween):

Our recent Crazy Hair Day, also known as Jacaween, organised by the Parents and Citizens Association, was a huge success. The day was filled with laughter, creativity, and most importantly, school spirit. Thank you to all the students, parents, and staff who participated and made this event so enjoyable.

Support Unit Ten Pin Bowling Team:

Our Support Unit Ten Pin Bowling Team showcased their skills at the State Championships, coming in 11th place! This is an amazing accomplishment, particularly when you take into consideration this was only their second attempt. Thank you to Mrs Sullivan and Mr Nick for your assistance on the big trip to Sydney!

Jacaranda Festival:

GPS was represented by a high number of students in this years Parade of Youth. Thank you to all the staff and parents/carers who turned up to support our students on Saturday. I was so proud of our May Polers (the only school to participate) who showed determination and a willingness to give the dance a go at such short notice. Our Performing Arts group (Band, Choir and Dance) led by Mr Keogh lived up to their stellar reputation on Wednesday by putting on a wonderful performance down at Market Square. A big thank you to the Performing Arts team, Ms Franco and Mrs Kelemec for the banner creation and Mrs Eveleigh, Miss Karen and Miss Liz for supporting our May Polers.

Enjoy the rest of the Jaca Festival!

Nick Campbell
Relieving Principal



Let's Hear It For The Kids!

Name: Ellynie

Class: 1TH



Favourite part of school:
Writing

Favourite thing to do on the weekend: Maybe going to the beach with Travis

If you could be anything in the world what would you be?: Teacher

Name: Rowan

Class: KB



Favourite part of school:
Learning new things

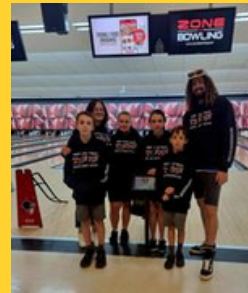
Favourite thing to do on the weekend: Having fun

If you could be anything in the world what would you be?: A kitten

Ten Pin Bowling

Congratulations to our Ten Pin Bowling team who finished up 11th out of 29 teams at their competition!

What a great effort! A huge thank you to Mrs Sullivan and Mr Nick for taking the team along to Sydney.



Congratulations Max!

This week one of our students Maximus was presented with a High Achiever Award for his outstanding efforts in the recent Newcastle Permanent Mathematics Competition.



Flood Funding

Reminder that all Flood Funding credit will expire next Friday 10th November. Please contact our GPS office if you are unsure of ways to use any remaining credit.



Jacaranda Ice Cream

This week some of our Infants students enjoyed home made purple Jacaranda Ice Cream. Thank you to Mr Beau who organised and made the ice cream with the kids!



Jacaranda Parade of Youth

A big THANK YOU to all students and staff members who attended the Jacaranda Parade of Youth last weekend in Prince Street.





Forget Me Nots Choir

This week 4JP paid a visit to the Forget Me Nots Choir and were lucky enough to run into Jacaranda King Toby and Junior Jacaranda Queen Holly.



Valley Schools On Show

Many of our GPS Performing Arts students took part in the Valley Schools On Show at Market Square this week.

Well done everyone on incredible performances!

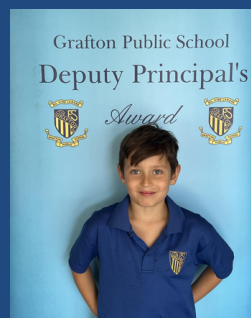
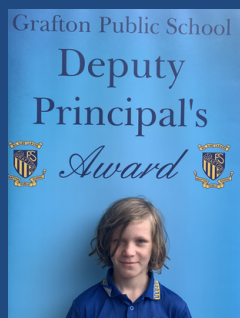




Awards Ceremony

Congratulations to all students who received awards and badges at this weeks Awards Ceremonies.

A special mention to Elissa who received two Gold Badges and was our first Gold Badge recipient for 2023!



Culture Dose for Kids (and their parent/carer)

Regional Galleries NSW Research Project
Information sheet: 2023



Introduction

If you would like and consent to participate,
please apply with the link below.

- Culture Dose for Kids is an arts engagement program for young people, aged 9–12, with mild anxiety. Anxiety itself is a normal emotion. However, some young people worry more than others, either through a greater number of worries or more frequent or intense worries. For research purposes in this project, mild anxiety refers to children who worry a little more than their peers but have not been diagnosed with an anxiety disorder.
- Commencing 11 May, this 8-week program will be held on Saturdays at Grafton Regional Gallery.
- This program is modeled on the successful pilot at the Art Gallery of NSW. **Parents/carers play a vital supporting role in this program.** Parents/carers are invited to participate in Culture Dose for Kids at the same time in a different space.
- Researchers will measure and evaluate impact. Participants will be asked to take part in surveys and interviews.*

To apply, **click here**

or scan the QR code below with
your mobile phone



The project is a collaboration between
Grafton Regional Gallery,
Black Dog Institute and the
Art Gallery of NSW.





Program Outline

- Culture Dose for Kids is both a research study and an arts engagement program.
- Culture Dose for Kids is modeled on similar Art Gallery of NSW programs created for adults with a lived experience of anxiety or depression.
- The program consists of two parts: a guided slow-look at artworks in the gallery (45 minutes) followed by an hour of playful art creation.
- 8 sessions will focus on 8 themes that are mindful to kids.
- Activities will be led by trained staff. There is no cost to participate, but numbers will be limited to 10 to 15 young people and their parent/carer.
- Researchers from Black Dog Institute will measure and evaluate the effectiveness of the program and its potential health benefits on young people and their parents or carers.

Program Benefits

- The program supports non-pharmacological approaches to mental health care.
- Research indicates that engagement with the arts increases overall mental health and wellbeing, decreases anxiety and depression symptoms, and increases social connectedness.

Artworks

- Works selected from the gallery will include Indigenous and non-Indigenous artists that are displayed in the gallery.

Funding

- This project is funded by the Jibb Foundation, Black Dog Institute and the Art Gallery of NSW.

GPS NOTICES

**Grafton Public School**



Kindergarten Transition Program
2023

School Tour and Information Session
for parents of children starting school in 2024 at GRAFTON PUBLIC SCHOOL on
Monday 11th September
School Tour at 5:00pm followed by the Information Session at 5:30pm
at our Infants Campus, Mary Street, Grafton.

Come and Play Session
Thursday 12th October, 1:30—2:30pm
Children and Parents are invited to an informal session to orientate students to the school environment. Parents are welcome to stay if they wish.

Kinder Kritters Whole Day Transition Sessions
For children starting school in 2024
Children are invited to attend ALL or as many sessions as possible.
Children will need to bring a packed lunch, drink and a hat.
All sessions will be 9:30am—2:30pm
Wednesday 25th October Wednesday 8th November
Wednesday 1st November Wednesday 15th November
Wednesday 22nd November

IS YOUR CHILD STARTING SCHOOL IN 2024?



Bookings are now open for
BEFORE SCHOOL HEALTH
ASSESSMENTS

Please call Grafton Community Health on
6641 8702 to make a free
appointment. Your child's vision, hearing,
speech, development and oral health will
be assessed.



COMMUNITY NOTICES



WE ARE LITTLE ATHLETICS

Season 2023-24 Open Now



WHEN: Wednesdays 4:30pm
WHERE: Terry West Oval, Junction Hill
AGES: 3 -16 yrs
COST: \$100-\$150 yearly registration

REGISTER TODAY!

www.revolutionise.com.au/graftonathleti/home/